



Who referred you to our office? \_\_\_\_\_

Have you ever received counseling before? Yes  No  If yes, where? \_\_\_\_\_

Are you involved in any legal actions or lawsuits? Yes  No

Attorney's Name: \_\_\_\_\_ Type of Suit: \_\_\_\_\_

Briefly describe your reason for wanting counseling: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

List any medications that you are taking: \_\_\_\_\_

\_\_\_\_\_

Client's Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(Parent/Legal Guardian, if client is a minor)

\_\_\_\_\_  
PCMS Staff Witnessing Print Full Name (Legal Name)

\_\_\_\_\_  
PCMS Staff Witnessing Signature of Full Name

\_\_\_\_\_  
Date

## Military OneSource Program Participant Statement of Understanding



You have been referred by Military OneSource for an assessment and/or short-term, non-medical counseling services which are provided at no cost to you to address a specific non-medical issue within twelve (12) sessions.

Please be on time for your appointments and provide at least 24 hour notice if you are unable to keep an appointment.

### **Confidentiality**

Information you provide to the Military OneSource counselor will be kept confidential, except to meet legal obligations or to prevent harm to self or others. Legal obligations include requirement of law the Department of Defense or military regulations. Harm to self or others includes suicidal thought or intent, a desire to harm oneself, domestic abuse, child abuse or neglect, violence against any person, including sexual assault involving service members, and any present or future illegal activity.

Military OneSource counselors are not authorized to receive a domestic abuse or sexual assault restricted report. If the person receiving counseling requests restricted reporting pursuant to domestic abuse or sexual assault, the Military OneSource counselor will transfer the person to a specified individual who is authorized to receive a restricted report in the respective military service branch according to Department of Defense policy.

A written and electronic record (date, time, nature of meeting) of your contact with the Military OneSource counselor will be maintained in a secure manner. Access to your record will not be given to anyone outside of Military OneSource, except as previously stated. Record audits may be conducted by the Department of Defense for the purpose of program administration and quality assurance and those audits will not include access to any of your Personally Identifiable Information (PII) or Protected Health Information (PHI). To access your file, contact Military OneSource.

### **Counseling for Children**

- Children under age 13 may not receive individual counseling through Military OneSource. However, these children can be included in family counseling.
- Children age 13-17 must have signed parental/guardian consent to receive individual counseling, and the parent or guardian must accompany the child to the initial appointment for the purpose of establishing this consent and any related required permissions.

There is no cost to you for counseling services through Military OneSource. However, if your issue of concern is beyond the scope of counseling provided through Military OneSource, the counselor will refer you to the appropriate healthcare resources, which could require use of your military health benefits (TRICARE) or health insurance. It would be your responsibility to verify that your health benefits/insurance will cover the costs of such treatment or resources.

I hereby acknowledge that I have read this statement of understanding and understand its contents.

_____ <i>Signature of Client</i>	_____ <i>Date</i>
_____ <i>Signature of Parent or Guardian (if client is a minor)</i>	_____ <i>Date</i>
_____ <i>Signature of Counselor or Witness</i>	_____ <i>Date</i>
_____ <i>Signature of Additional Participant</i>	_____ <i>Date</i>
_____ <i>Signature of Additional Participant</i>	_____ <i>Date</i>
_____ <i>Signature of Additional Participant</i>	_____ <i>Date</i>



# Military One Source Case Activity and Billing Form

**Instructions:** Please use CAPITAL letters. ALL information is required to ensure payment. Submit within 15 days of the Date of Service. Keep a copy for your records.

**Statement of Understanding (SOU) Signed:**  Yes  No (All participants must sign the SOU)

**Authorized Participant Information:** Last Name

First Name

MI

**Participant's Address:** Street Address

City

State

ZIP Code

Date of Birth (mm/dd/yy)

Participant Home Phone

**Participant Gender:**  Female  Male **No Session/ Missed Appt.:**  Yes  No ('Yes' if Closing Case w/o session)

**Billing Information:** Date of Service (mm/dd/yy)

**Mode of Delivery:**

Face-to-Face  Video

Telephonic  Online

**Authorization Number**

**Counselor:** Last Name

First Name

MI

**Counselor Billing Address:**

Street

City

State

ZIP Code

Tax ID Number or SSN:

NPI Number:

**Counselor's Phone:**

**Counselor's Signature:**

**Date:**

\_\_\_\_\_

\_\_\_\_\_

**Total Sessions Billed:** \_\_\_\_\_

**Number of Sessions Used at Case Closing:** \_\_\_\_\_

**Assessed Problem (Choose 1 Problem/Issue):**

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Z63.0 Relational Distress with Intimate Partner              | <input type="checkbox"/> Z91.410 Hist. of Partner Violence, Sexual                 | <input type="checkbox"/> Z59.6 Low Income  |
| <input type="checkbox"/> Z71.9 Other Counseling or Consultation                       | <input type="checkbox"/> Z62.810 Hist. of Physical Abuse as Child                  | <input type="checkbox"/> R41.83 Borderline Intellectual Functioning              |
| <input type="checkbox"/> Z60.0 Phase of Life Problem                                  | <input type="checkbox"/> Z62.810 Hist. of Sexual Abuse as a Child                  | <input type="checkbox"/> Z59.0 Homelessness                                      |
| <input type="checkbox"/> Z62.820 Parent-Child Relational Problem                      | <input type="checkbox"/> Z62.811 Hist. of Psych. Abuse as a Child                  | <input type="checkbox"/> Z59.2 Discord w/ Neighbor or Landlord                   |
| <input type="checkbox"/> Z56.9 Problem Related to Employment                          | <input type="checkbox"/> Z72.9 Problem Related to Lifestyle                        | <input type="checkbox"/> E66.9 Overweight or Obesity                             |
| <input type="checkbox"/> Z63.5 Disrupt. of Family by Separation/Divorce               | <input type="checkbox"/> Z63.8 High Emotional Level Within Fam.                    | <input type="checkbox"/> Z65.2 Problem Related to Release From Prison            |
| <input type="checkbox"/> Z63.4 Uncomplicated Bereavement                              | <input type="checkbox"/> Z65.8 Problem Related to Psychosocial                     | <input type="checkbox"/> Z65.3 Prob. Related to Legal Circumstances              |
| <input type="checkbox"/> Z56.82 Problem Related to Current Military Deployment Status | <input type="checkbox"/> Z59.9 Prob. Related to Social Environ                     | <input type="checkbox"/> Z91.5 Personal History of Self-Harm                     |
| <input type="checkbox"/> Z62.898 Child Affected by Parental Rel. Distress             | <input type="checkbox"/> Z91.49 History of Psychological Trauma                    | <input type="checkbox"/> Z64.0 Problem w/ Unwanted Pregnancy                     |
| <input type="checkbox"/> Z91.82 Personal History of Military Deployment               | <input type="checkbox"/> Z65.4 Victim of Crime                                     | <input type="checkbox"/> Z64.1 Problem Related to Multiparity                    |
| <input type="checkbox"/> Z59.9 Housing or Economic Problem                            | <input type="checkbox"/> Z60.3 Acculturation Difficulty                            | <input type="checkbox"/> Z55.9 Academic or Education Problem                     |
| <input type="checkbox"/> Z91.411 History of Partner Psychological Abuse               | <input type="checkbox"/> Z60.4 Social Exclusion or Rejection                       | <input type="checkbox"/> Z59.1 Inadequate Housing                                |
| <input type="checkbox"/> Z91.412 History of Spouse or Partner Neglect                 | <input type="checkbox"/> Z60.5 Target of (perceived) Discrimination or Persecution | <input type="checkbox"/> Z59.3 Problem Living in Residential Inst.               |
| <input type="checkbox"/> T74.11 Physical Abuse by Nonpartner (confirmed)              | <input type="checkbox"/> Z62.891 Sibling Relational Problem                        | <input type="checkbox"/> Z59.4 Lack of Adequate Food/ Water                      |
| <input type="checkbox"/> T76.11 Physical Abuse by Nonpartner (suspected)              | <input type="checkbox"/> Z56.8 Religious or Spiritual Problem                      | <input type="checkbox"/> Z59.5 Extreme Poverty                                   |
| <input type="checkbox"/> T74.31 Psych. Abuse by Nonpartner (confirmed)                | <input type="checkbox"/> Z65.5 Exposure to Disaster or War                         | <input type="checkbox"/> Z59.7 Insufficient Social Insurance, or Welfare Support |
| <input type="checkbox"/> T76.31 Psych. Abuse by Nonpartner (suspected)                | <input type="checkbox"/> Z72.810 Child/Adolescent Antisocial Beh.                  | <input type="checkbox"/> Z75.3 Unavailability of Health Care Facilities          |
| <input type="checkbox"/> T74.21 Sexual Abuse by Nonpartner (confirmed)                | <input type="checkbox"/> Z60.2 Problem Related to Living Alone                     | <input type="checkbox"/> Z75.4 Unavailability of Health Care Facilities          |
| <input type="checkbox"/> T76.21 Sexual Abuse by Nonpartner (Suspected)                | <input type="checkbox"/> Z91.89 Other Personal Risk Factors                        |  |
| <input type="checkbox"/> Z91.410 History of Partner Violence, Physical                | <input type="checkbox"/> Z62.29 Unbringing Away From Parents                       |  |

Participant Last Name

Grid for last name

First Name

Grid for first name

Does participant have a DSM diagnoses? O Yes O No (If yes, refer case to medical/mental health treatment)
Is the issue related to deployment? O Yes O No
Is the issue related to reintegration? O Yes O No

Risk and Functional Assessment: Indicate participant's level of impairment for each Session and at Case Closing:
0= No Evidence of Impairment 1= Mild Impairment 2= Moderate Impairment 3= Severe Impairment (significant impairment)

Member's risk to self... 00 01 02 03
Member's risk to others... 00 01 02 03
Mood Disturbances (depression or mania)... 00 01 02 03
Anxiety... 00 01 02 03
Thinking / Cognition / Memory / Concentration... 00 01 02 03
Impulse / Reckless / Aggressive Behavior... 00 01 02 03
Activities of Daily Living Problems... 00 01 02 03
Medical / Physical Condition... 00 01 02 03
Substance Abuse / Dependence... 00 01 02 03
Job / School Performance... 00 01 02 03
Social Functioning / Relationship / Marital / Family... 00 01 02 03
High Risk Case: O Yes O No
If High Risk = Yes: Call 800-342-9647 and document risk in Case Summary Note
Reviewed with MOS consultant? O Yes O No
If yes, w/ whom? (Consultant's name)
Was a safety plan developed? O Yes O No

Counseling Goals: (At least one goal is required)

1. O Met O Partially Met O Not Met O No Change
2. O Met O Partially Met O Not Met O No Change
3. O Met O Partially Met O Not Met O No Change

Mental Health Treatment History Assessed O Yes O No
Substance Abuse Treatment History Assessed O Yes O No
Strength, Skills, and Interests Assessed O Yes O No
Supports Assessed O Yes O No
Document critical assessment items in Case Summary Note
(Call If Current) None/Denies Current (<1yr) History
Domestic Violence O O O
Child Abuse/Neglect O O O
Sexual Assault O O O
Sexual Abuse (of minor) O O O

Was a legally required report filed (CPS, DHS, PD, etc.)? O Yes O No
If Yes (Required): By Whom: When: Where:

Case Summary Note: A. Participant Presentation B. Steps Taken C. Response (Please include critical events or issues)

Empty box for Case Summary Note

First and Last Session: Participant's Response To, "How would you rate the severity of your problem?" O Low O Moderate O Severe O Very Severe
(Both questions should be related to the initial Assessed Problem) O Do Not Know O Did Not Respond O Provider Deemed Question Inappropriate
Last Session: Participant's Response To, "How is your ability to address the issue as compared to the start of counseling?" O Improved O Same O Lower O Did Not Respond O Provider Deemed Question Inappropriate O NA

Case Closing/Final Session (Must complete upon Case Closing/Final Session or after 30 days of no contact)

Closing Reason: O Participant's case successfully resolved O Participant withdrew/dropped out before the completion of services O Participant discontinued for other reasons O Out of Scope- Escalated to Crisis O Out of Scope- Non Crisis
Case Disposition: O No Referral made to other resources O Referral for other resources accepted O Referral for other resources declined O Did Not Keep Initial Appointment O Discontinued Counseling
Referral Type (check all that apply): O No referral beyond MOS O TRICARE O Military Treatment Facility O Victim Advocate O Sexual Assault Response Coordinator O Family Advocacy Program O Other Medical O Other Substance Abuse O Other Mental Health O Community Resource O Red Cross
Reasons Deemed Out of Scope (If Indicated): O Risk to Self O Risk to Others O Currently Receiving Mental Health Tx. O Currently Prescribed Psych. Medication O Diagnosed w/ Mental Health Condition O Fitness for Duty or Court Ordered O Psych. Hospitalization O Illegal Activity O Domestic Abuse O Child Abuse/Neglect
Overall Status of Goals: O Goals Met O Partially Met Goals O Goals Not Met
Submit Electronically via ProviderConnect or Fax to 877-762-1356
This form is due within 30

